



KnockOut PD 5K Run / Walk

When: Saturday, April 13, 2019 @ 9am

Where: Masonic Village, 1 Masonic Drive, Elizabethtown PA 17022

Entry Fee: \$30

Register: Online at runsignup.com/knockoutpd - or mail-in registration form attached

The 1st annual KnockOutPD 5K Run & Walk event will take place in April, which is Parkinson Awareness Month. Our goal is to raise funds and awareness for Parkinson's disease, and have a little fun too! Parkinson is a progressive neurodegenerative disease that affects over 1 million people in the United States. Proceeds from the event will go directly to the Parkinson Foundation to help assist with research and advancements in the treatment of Parkinson's disease.



We want to make this a positive and fun event for all!

Come out and enjoy some fresh spring air, music, snacks, photos, cool race t-shirt and a custom finisher medal for every runner and walker! All while supporting a GREAT cause!

This will be a disposable chip-timed race. Packet pickup (with your race bib & t-shirt) will be available for pick-up on race day from 8 – 8:45am at the event. **** NO RACE DAY REGISTRATION**

2019 Medal will be revealed in 2019!

Signs will be placed in various locations to direct you to the easy parking and the short walk to the packet pick-up location, which will also be the start AND finish line of the 5K! Plenty of picnic tables will be available for use before and after the race and 'park-like' public restrooms on site!

For more information on this event, including sponsorship, or volunteer opportunities, visit runsignup.com/knockoutpd

For more information about Parkinson's disease and the foundation, visit www.parkinson.org

To guarantee a KnockOutPD T-shirt, we need to receive your registration by March 31, 2019 However, we hope to have plenty of extras!